Lisa Hepworth

SPEAKER - WRITER - CONSULTANT

Still, I CHOOSE



INDIVIDUALS & RELATIONSHIPS

Finding Strength, Purpose, and Progress in the Moments You Never Asked For

LEADERSHIP & TEAMS

SIGNATURE TALK

Still, I CHOOSE is a signature talk about moving forward through fear, pain, uncertainty, and change. Through honest storytelling, humor, and hard-earned hope, Lisa helps people and leaders recognize what is still theirs to choose—and move forward with strength, purpose, and intention.

AUDIENCE TAKEAWAYS

- Recognize choice even when life feels out of control
- Take one brave step through fear
- Reframe painful experiences without minimizing them
- Build resilience through real, imperfect progress
- Move forward with strength, meaning, and hope

IDEAL FOR

Corporate conferences
Women's events
Leadership events
Nonprofit & community events
Survivor support / advocacy events
Personal growth conferences

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