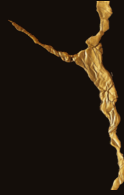


Lisa Hepworth

KEYNOTE SPEAKER

Still, I **CHOOSE**



Finding Strength, Purpose, and Progress
in the Moments You Never Asked For

KEYNOTE DESCRIPTION

Still, I **CHOOSE** is a powerful keynote about moving forward through fear, pain, and uncertainty.

Through honest storytelling, humor, and hard-earned hope,

Lisa helps audiences see that the moments they never asked for do not have to define them.

They can become places of strength, choice, growth, and becoming.

AUDIENCE TAKEAWAYS

- Recognize choice even when life feels out of control
- Take one brave step through fear
- Reframe painful experiences without minimizing them
- Build resilience through real, imperfect progress
- Move forward with strength, meaning, and hope

IDEAL FOR

Corporate conferences
Women's events
Leadership events
Nonprofit & community events
Survivor support / advocacy events
Personal growth conferences

